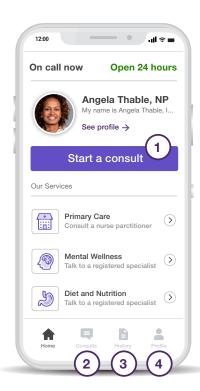
# Virtual care: What you need to know.

You have access to 24/7 virtual care with Akira by TELUS Health, a service offered by your employer to you and your immediate family.

This means you can access medical care at the touch of a button - anytime you need it, wherever you are - by text or video.

TELUS Health virtual care allows you to get the medical support you need from the comfort of your home or office, whether it's a prescription, mental health support, a specialist referral, a diagnosis, or more.



# How it works

### 1. Start a consult

Click this button anytime you need medical support. You'll be connected directly to a registered nurse.

### 2. Past consults

The Consults tab contains transcripts of all your text conversations with clinicians, so you refer back to for details you may have forgotten.

### 3. Medical notes

The History tab allows you to look back on SOAP notes left by clinicians after your consult, so you can always refer back to their notes.

## 4. Profile tab

This is where you can invite your partner to have their own account, or set up an account for your kid(s).



RX I













Advice Prescriptions

Referrals

Labs

Specialists appointments

Mental health

Imaging

Diagnosis

Have questions? Contact us at akirahelp@telus.com